

October 2026



# The Seabrook Scoop

THE SEABROOK OF HILTON HEAD MONTHLY NEWSLETTER

## Resident Referral

Refer a friend before their first tour and receive a \$1,000 bill credit 30 days after they move in!

## Community Events

To sign up for an event, call 843-686-0901

-Press 2 to sign up for a event.



## Dress Code Reminder

As the holidays come around, here's a reminder: there is a dress code of no shorts or jeans for dinner and Sunday brunch.



## Harbour Town Stroll & Shop

**Friday, October 9th - 10:00AM**

Enjoy a leisurely stroll through Harbor Town while browsing local shops, boutiques, and waterfront sights at your own pace.

## Costume Contest: Residents vs. Staff

**Friday October 30<sup>th</sup> - 1:30PM**

Residents and staff are invited to show off their creativity and Halloween spirit! Come dressed in your favorite costume and join us for a fun-filled contest with plenty of laughs, festive fun, and friendly competition.

## Fish & Grits Music Festival

**Saturday, October 3<sup>rd</sup> - 11:00AM**

Savor delicious dishes from regional food trucks, shop unique handcrafted goods.



## Pumpkins & Petals

**Thursday, October 15th-11:00AM-LR/A**

Enjoy a fall brunch in the Fountain Room with prospective residents, followed by pumpkin decorating or a pumpkin floral arrangement in the Living Room. This fun event is limited to 12.



**A- Auditorium | LR-Living Room | CC-Cozy Corner | DR- Dining Room | FL- Front Lobby | O- Outing**

# Upcoming Events

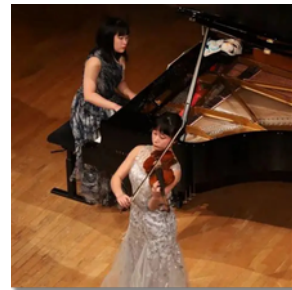
## Attendance & Attention



### Lunch & Opera

**Wednesday, October 21<sup>st</sup>-11:30AM- O**

Enjoy lunch with fellow residents before heading to the Cinemark Theatre for a screening of Macbeth. It's a great afternoon combining good food and a classic theatrical experience.



### Julliard Student Performance: Mofi Duo

**Saturday, October 3<sup>rd</sup>- 3:00PM-A**

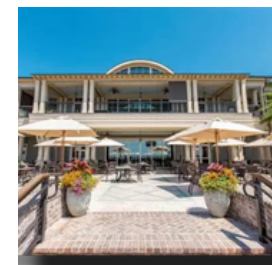
Known for their versatility across classical, contemporary, and crossover repertoire, they have appeared in Merkin Hall, Steinway Hall, Weill Recital Hall at Carnegie Hall, and venues throughout Europe and Asia.



### Lunch & Learn

**Thursday, October 15<sup>th</sup>- 11:30AM- O**

Visit the Art League for an engaging presentation exploring the life and work of a famous artist, followed by an opportunity to appreciate the world of art and creativity.



### Dinner at The Sea Pines Beach Club

**Wednesday, October 28th-5:00pm- O**

Enjoy an evening of delicious dining and beautiful coastal views with dinner at the Sea Pines Beach Club.



### Monthly Documentary

**Tuesday, October 20th-2:30pm-A**

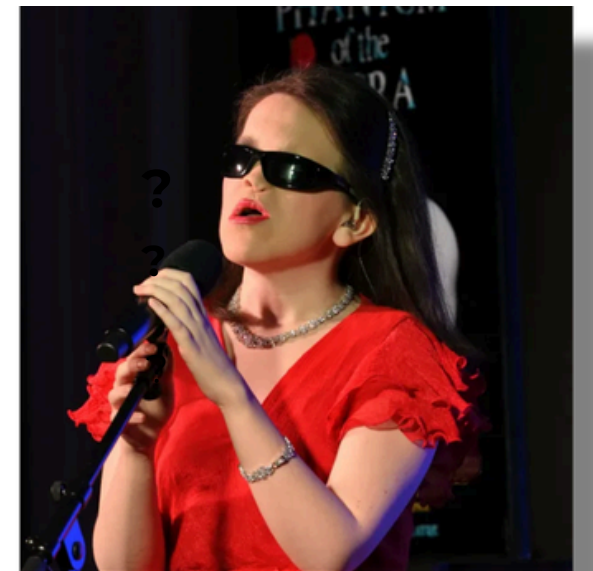
"The Haunted History of Halloween" is a History Channel documentary that delves into the origins and evolution of Halloween, highlighting how the holiday has transformed over millennia while retaining many of its original customs.

A- Auditorium | LR-Living Room | CC-Cozy Corner | DR- Dining Room | FL- Front Lobby | O- Outing

## Mary Mikels: From Broadway to Bocelli

**Saturday, October 24th- 3:30PM-A/LR**

Born blind, American Idol contestant Mary blends Broadway, Bocelli, and Phantom with three-octave vocals, harmonies, humor, impersonations, storytelling, and audience participation.



## Dinner & Haunted Carriage Ride

**Friday, October 23rd-3:15PM- O**

Dine at Belford's, then explore historical Savannah and it's haunted past by horse-drawn carriage. Tour: \$40 account charge. While dinner is pay on your own. This outing is limited to 12 people.

A- Auditorium | LR-Living Room | CC-Cozy Corner | DR- Dining Room | FL- Front Lobby | O- Outing



## Halloween Party

**Friday, October 30th 4:30 PM- LR/A**

Enjoy a frightful Halloween Happy Hour with music, refreshments, seasonal surprises, and spooky spirit! Wear your favorite costume for a haunting afternoon with friends and neighbors.

| SUN                                                                                                                                                  | MON                                                                                                                                                                                                                                                                        | TUE                                                                                                                                                                                                                                                | WED                                                                                                                                                                                                                                                                                                                                       | THUR                                                                                                                                                                                                                                       | FRI                                                                                                                                                                                                                                                                   | SAT                                                                                                                                                                                                                                                                         |
|------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>LOCATION KEY</b><br>A - AUDITORIUM<br>A/LR - AUDITORIUM/LIVING ROOM                                                                               | CR - CONFERENCE ROOM<br>CC - COZY CORNER<br>LR - LIVING ROOM                                                                                                                                                                                                               |                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                           | 9:45 AM Grocery Shopping <b>1</b><br>10:00 AM <i>Tai Chi</i> (A)<br>11:30 AM Balance & Strength (A)                                                                                                                                        | 9:00 AM Walking Club (Beach Walk) (Front of Seabrook House) <b>2</b><br>11:15 AM Balance & Strength (A)<br>12:00 PM Chair Exercise (A)<br>2:00 PM Rumikub (LR)<br>4:30 PM Happy Hour with Dave Ellis Town Council Dist 5 candidate (LR/A)                             | 10:30 AM Current Events (CR) <b>3</b><br>11:00 AM Fish and Grits Music Festival (O)<br>11:30 AM Chair Yoga W/ Mary (A)<br>1:00 PM Bridge (LR)<br>2:00 PM Knitting Club w/ Ginny & Friends (L)<br>3:00 PM A classical music performance: A Juilliard student performance (A) |
| 10:30 AM Sunday Church Service <b>4</b><br>3:00 PM Cyndy Shelton Memorial (A/LR)<br>3:30 PM Bible Study (FC)<br>6:00 PM CANCELLED: Sunday Movie: (A) | 9:45 AM Morning Mingle (LR) <b>5</b><br>10:00 AM Aldi's/Hobby Lobby/Target Shopping<br>11:15 AM Balance & Strength (A)<br>12:00 PM Chair Exercise (A)<br>2:00 PM Monday Mingle (LR)<br>4:30 PM Happy Hour (LR/A)                                                           | 9:00 AM Harris Teeter Pick-up <b>6</b><br>10:00 AM Bank Run<br>11:30 AM Balance & Strength (A)<br>1:00 PM Chair Yoga W/ Mary (A)<br>1:00 PM Trivial Pursuit (LR)<br>2:15 PM Poker Club (LR)                                                        | 9:45 AM Seabrook Singers (A) <b>7</b><br>10:00 AM Catholic Communion Service (FC)<br>11:15 AM Balance & Strength (A)<br>12:00 PM Chair Exercise (A)<br>12:30 PM Duplicate Bridge (LR)<br>7:00 PM Bingo (A)                                                                                                                                | 9:45 AM Grocery Shopping <b>8</b><br>10:00 AM <i>Tai Chi</i> (A)<br>11:30 AM Balance & Strength (A)<br>3:00 PM Talk w/ Greg Critchly (A)<br>6:00 PM Pop Up Movie: 9 to 5 (A)                                                               | 9:00 AM Walking Club (Beach Walk) (Front of Seabrook House) <b>9</b><br>11:00 AM Harbor Town Stroll & Shop (O)<br>11:15 AM Balance & Strength (A)<br>12:00 PM Chair Exercise (A)<br>2:00 PM Rumikub (LR)<br>4:30 PM Happy Hour (LR/A)                                 | 10:30 AM Current Events (CR) <b>10</b><br>11:30 AM Chair Yoga W/ Mary (A)<br>1:00 PM Bridge (LR)<br>2:00 PM Knitting Club w/ Ginny & Friends (L)                                                                                                                            |
| 10:30 AM Sunday Church Service <b>11</b><br>3:30 PM Bible Study (FC)<br>6:00 PM Sunday Movie: Practical Magic (A)                                    | <b>Indigenous Peoples' Day</b> <b>12</b><br>9:45 AM Morning Mingle (LR)<br>11:15 AM Balance & Strength (A)<br>12:00 PM Chair Exercise (A)<br>2:00 PM Monday Mingle (LR)<br>4:30 PM Happy Hour with Ann Shippy Candidate for SC House 123 (LR/A)                            | 9:00 AM Harris Teeter Pick-up <b>13</b><br>11:30 AM Resident Council (CR)<br>11:30 AM Balance & Strength (A)<br>1:00 PM Chair Yoga W/ Mary (A)<br>1:00 PM Trivial Pursuit (LR)<br>2:15 PM Poker Club (LR)                                          | 9:45 AM Seabrook Singers (A) <b>14</b><br>10:00 AM Catholic Mass (FC)<br>10:00 AM Walmart/Dollar Tree/Barnes & Noble<br>11:15 AM Balance & Strength (A)<br>12:00 PM Chair Exercise (A)<br>12:30 PM Duplicate Bridge (LR)                                                                                                                  | 9:45 AM Grocery Shopping <b>15</b><br>10:00 AM <i>Tai Chi</i> (A)<br>11:30 AM Balance & Strength (A)<br>11:30 AM Lunch and Learn: Mary Cassatt (O)<br>3:00 PM A Musical Performance w/ The Band: American Juke Box (A)                     | 9:00 AM Walking Club (Beach Walk) (Front of Seabrook House) <b>16</b><br>10:30 AM Book Mobile (Front of Seabrook House)<br>11:15 AM Balance & Strength (A)<br>12:00 PM Chair Exercise (A)<br>2:00 PM Rumikub (LR)<br>4:30 PM Happy Hour (LR/A)                        | 10:30 AM Current Events (CR) <b>17</b><br>11:30 AM Chair Yoga W/ Mary (A)<br>1:00 PM Bridge (LR)<br>2:00 PM Knitting Club w/ Ginny & Friends (L)<br>6:30 PM Cordials (LR)                                                                                                   |
| 10:30 AM Sunday Church Service <b>18</b><br>3:30 PM Bible Study (FC)<br>6:00 PM Sunday Movie: Dave (A)                                               | 9:45 AM Morning Mingle (LR) <b>19</b><br>10:00 AM Aldi's/Hobby Lobby/Target Shopping<br>11:15 AM Balance & Strength (A)<br>12:00 PM Chair Exercise (A)<br>2:00 PM Monday Mingle (LR)<br>4:30 PM Happy Hour with Alan Perry current Mayor and running for reelection (LR/A) | 9:00 AM Harris Teeter Pick-up <b>20</b><br>10:00 AM Bank Run<br>11:30 AM Balance & Strength (A)<br>1:00 PM Chair Yoga W/ Mary (A)<br>1:00 PM Trivial Pursuit (LR)<br>2:15 PM Poker Club (LR)<br>2:30 PM Monthly Documentary: Halloween Origins (A) | 9:45 AM Seabrook Singers (A) <b>21</b><br>10:00 AM Catholic Communion Service (FC)<br>11:15 AM Balance & Strength (A)<br>11:30 AM Lunch and Opera: Macbeth (O)<br>12:00 PM Birthday Lunch (DR)<br>12:00 PM Chair Exercise (A)<br>12:30 PM Duplicate Bridge (LR)<br>7:00 PM Bingo (A)                                                      | 9:00 AM Audiologist (Nurses Office) <b>22</b><br>9:45 AM Grocery Shopping<br>10:00 AM <i>Tai Chi</i> (A)<br>11:30 AM Balance & Strength (A)<br>2:00 PM Grief Support Meeting (CR)<br>3:00 PM Welcome Committee: New Member Orientation (A) | 9:00 AM Walking Club (Beach Walk) (Front of Seabrook House) <b>23</b><br>11:15 AM Balance & Strength (A)<br>12:00 PM Chair Exercise (A)<br>2:00 PM Rumikub (LR)<br>3:15 PM Dinner and Haunted Carriage Ride (O)<br>4:30 PM Happy Hour (LR/A)                          | 9:00 AM Alzheimer's Walk (OUTING) <b>24</b><br>10:30 AM Current Events (CR)<br>11:30 AM Chair Yoga W/ Mary (A)<br>1:00 PM Bridge (LR)<br>2:00 PM Knitting Club w/ Ginny & Friends (L)<br>3:30 PM Mary Mikels: Broadway to Bocelli (A/LR)                                    |
| 10:30 AM Sunday Church Service <b>25</b><br>3:30 PM Bible Study (FC)<br>6:00 PM Sunday Movie: The Holiday (A)                                        | 9:45 AM Morning Mingle (LR) <b>26</b><br>10:30 AM Book Mobile (Front of Seabrook House)<br>11:15 AM Balance & Strength (A)<br>12:00 PM Chair Exercise (A)<br>2:00 PM Monday Mingle (LR)<br>4:30 PM Happy Hour (LR/A)                                                       | 9:00 AM Harris Teeter Pick-up <b>27</b><br>11:30 AM Balance & Strength (A)<br>1:00 PM Chair Yoga W/ Mary (A)<br>1:00 PM Trivial Pursuit (LR)<br>2:15 PM Poker Club (LR)<br>3:00 PM The Seabrook Book Club (CC)                                     | 9:45 AM Seabrook Singers (A) <b>28</b><br>10:00 AM Catholic Communion Service (FC)<br>10:00 AM Walmart/Dollar Tree/Barnes & Noble<br>11:15 AM Balance & Strength (A)<br>12:00 PM Chair Exercise (A)<br>12:30 PM Duplicate Bridge (LR)<br>2:00 PM Board of Trustees/Regime Board Meeting (A)<br>5:00 PM Dinner at Sea Pines Beach Club (O) | 9:45 AM Grocery Shopping <b>29</b><br>10:00 AM <i>Tai Chi</i> (A)<br>11:30 AM Balance & Strength (A)                                                                                                                                       | 9:00 AM Walking Club (Beach Walk) (Front of Seabrook House) <b>30</b><br>11:00 AM Pumpkins and Petals (LR)<br>11:15 AM Balance & Strength (A)<br>12:00 PM Chair Exercise (A)<br>1:30 PM Costume Contest (A)<br>2:00 PM Rumikub (LR)<br>4:30 PM Halloween Party (LR/A) | <b>Halloween</b> <b>31</b><br>10:30 AM Current Events (CR)<br>11:30 AM Chair Yoga W/ Mary (A)<br>1:00 PM Bridge (LR)<br>2:00 PM Knitting Club w/ Ginny & Friends (L)                                                                                                        |



## Cordials

**Saturday, October 17th-  
7:00PM-LR**



Unwind after dinner with fellow residents at this resident-led gathering. Enjoy a selection of delicious drinks, good conversation, and relaxed time together.

## New Resident Orientation

**Thursday, October  
22<sup>nd</sup>- 3:00pm-A**



Join us for a welcome orientation designed to help our newest residents feel at home at The Seabrook. Meet members of our team, learn more about the services, amenities, and resources available throughout the community, and discover all that The Seabrook has to offer.



## Sunday Movie Nights

**Every Sunday Night at 6:00pm- A**

Don't forget! Join us every Sunday night at 6:00pm in the Auditorium for Sunday Movie Night. Enjoy a great movie and a relaxing evening with friends and neighbors. Have a movie suggestion? Bring your ideas to the Life Enrichment Coordinator, Riley!

## Hearing with Greg Critchley

**Thursday, October 8<sup>th</sup>- 3:00PM- A**

Join a hearing specialist for an informative discussion about common hearing concerns, signs of hearing loss, and what you should know about maintaining your hearing health. There will also be an opportunity to ask questions and get answers to your hearing-related concerns.

# Here, We Make Moments Count! Cheers to The Smiles We Love to See...



# welcome

**New  
Neighbors!**

Linda Pope #3402

Thomas Schlenker #1304

John and Stella Hanson #5308

Ann Weir #2107

There's something truly special about watching our family grow. Each new resident brings fresh stories, warm smiles, and a new spark of joy to our halls. This month, we're thrilled to welcome our newest neighbors. Please join us in making them feel at home with a warm greeting, a shared conversation, or even just a big smile.

# **October Birthdays!**

**Jane Hattersley - 5th**

**Hal Hatton - 7th**

**Marlene Hale - 8th**

**Allison Butterworth - 16th**

**Helen McDonough - 17th**

**Bud Arnal - 19th**

**John O'Hara - 19th**

**Pamela Prinsze - 20th**

**George Reilly - 24th**

**Joe Burke - 25th**

**Marie Schlegel - 28th**

**Marie Rood - 29th**

**Joe Sahm - 30th**



**Seabrook  
Foundation Fund:  
A Commitment to  
Lifelong Security**

**Big thanks to our  
September Donors**

**Jane Barkley**

**Ann Walli**

**Jeanne Hatton**